

Req ID: 200260

Location: Provincial Zone, Nova Scotia Hospital (Dartmouth) & Cape Breton Regional Hospital (Sydney)

Department: Operational Stress Injury Clinic - Mental Health & Addictions

Type of Employment: Permanent Full Time Opportunities Available x 3

Union: Healthcare Bargaining Unit Position

Nova Scotia Health is the largest provider of health services in Nova Scotia, with some specialized services also offered to clients throughout Atlantic Canada. We're on a mission to achieve excellence in health, healing, and learning through working together, which is reflected in the hospitals, health centres, and community-based programs we operate across the province. Our passionate team of professionals provides a variety of high-quality inpatient and outpatient services including academic, tertiary, and quaternary care, as well as continuing care, primary health care, public health, and mental health and addictions. Join a diverse team of innovators, collaborators, and creative thinkers today.

Nova Scotia Health employs professionals in all corners of our beautiful province. We believe there's a place here for everyone to call home, from vibrant cities with exuberant nightlife to quaint towns with picturesque trails. The work-life balance that comes with a Nova Scotia Health role means you'll have the time to explore, discover, and participate in that coveted Atlantic lifestyle. Visit us today and check out www.novascotia.com to see why more people from across the globe are moving here.

About the Opportunity

The OSI Clinic provides specialized mental health assessment and treatment to clients and their families referred by Veterans Affairs Canada (VAC), RCMP, and the Department of National Defense (DND), who are experiencing work-related psychological stress and trauma (e.g. posttraumatic stress disorder, and other anxiety disorders; Depression; Chronic Pain, etc.). The services of the OSI Clinic are provided by an interdisciplinary team consisting of psychiatrists, psychologists, nurses, social workers, and an occupational therapist. As a member of an interdisciplinary team, the Psychologist delivers mental health assessment and treatment services to Veterans and their families.

The OSI Psychologist will also be required to:

- Provide education with various stakeholders i.e. VAC District offices
- Maintain contact with the referring VAC area counselors, RCMP, and DND in the development of treatment plans and referrals
- Utilize OSI supported tele mental health and other distance technologies in the provision of services in outlying communities

- Utilize outcome-measurement based care as adapted by the Operational Stress Injuries National Network
- Work with the Canadian network of OSI clinics, and follow the leadership of the Operational Stress Injuries National Network
- Work in a manner that is in compliance with staff and patient/client safety practices, policies and procedures of the NSHA and in compliance with the VAC guidelines for OSI clinics.

About You

We want to hear from you if you have the following:

- Recognized doctoral degree in Clinical Psychology
- Registered or eligible for registration under the Psychologists Act of Nova Scotia
- CPA/APA accredited internship/residency (or equivalent) in clinical psychology
- Clinical experience in the diagnosis and treatment of: anxiety and mood disorders, substance use disorders, and PTSD using evidence based approaches an asset
- Training in evidence-based therapies for PTSD, depression and anxiety disorders required such as PE, CPT, EMDR, CBT, BA, MBSR an asset
- Experience working in an interdisciplinary service delivery model is mandatory
- Experience in a military or police services environment is an asset
- Experience with assessment of police, veterans and/or Canadian forces members with operational stress injuries including anxiety, mood, and substance use is an asset
- Experience providing trauma focused therapy an asset
- Experience providing treatment in an outpatient community setting an asset
- Sensitivity to the unique needs of military/police services personnel who are experiencing service-related mental health problems
- Knowledge of psychiatric rehabilitation principles and practices
- Excellent leadership and communication skills and ability to establish and maintain good working relations
- Effective mentoring and clinical supervision skills to support both the academic role and the clinical practice of other team members
- Valid driver's license and access to a reliable vehicle
- Competencies in other languages an asset, French preferred

PLEASE NOTE: Applicants relying on education and experience equivalencies must demonstrate such equivalencies in their application. Additionally, candidates will not be considered for an interview if applications are incomplete or are missing information

Please ensure your resume is up to date and includes all relevant education, experience, training, and certifications.

Hours

Permanent, Full Time (100%) Position; 75 hours bi-weekly

Compensation and Benefits

Psychologist PHD - \$54.05 hourly

Psychologist PHD Candidate Registered (Step 3) - \$60.80 hourly

Psychologist PHD (Step 4-6) - \$64.18 - \$69.25 hourly

Successful candidates may be eligible for our benefits package which includes health, dental, travel, long-term disability, and life insurance coverage as well as a defined benefit pension plan. (Permanent Long Assignments Only)

Once You've Applied

Thank you for your interest in this position. A Recruiter will reach out to you to explore whether your qualifications and skills match an opportunity.

Nova Scotia Health is committed to being a workforce that is free of discrimination, values diversity, and is representative, at all job levels, of the people we serve. We encourage all qualified applicants who self-identify as Indigenous, Black/African Nova Scotian, Persons of Colour, Foreign Nationals/Newcomers, Persons with Disabilities, 2SLGBTQIA+ to apply and self-identify.

If you have any questions or would like more information on our opportunities, programs, and communities, please contact us recruitment.services-nsha@nshealth.ca