



Ottawa River Psychology of Ottawa River Integrative Mental Health Inc.

Job Advertisement: Clinical or Counselling Psychologist (Autonomous or Supervised Practice)

Location: Ottawa, Ontario

Employment Type: Full-time / Part-time Independent Contractor

About Us

Ottawa River Integrative Mental Health Inc. is a group practice of registered clinical psychologists, psychotherapists, and mental health professionals dedicated to fostering optimal well-being and growth in individuals, our community, and society. Our practice is grounded in mindfulness-based, compassion-focused, and research-informed approaches to clinical psychology and psychotherapy. We specialize in evidence-based psychological assessments and psychological interventions with an integrative perspective. We have current team members who specialize in psychodynamic (ISTDP), Internal Family Systems (IFS), somatic based psychotherapies (SE), cognitive-behavioral therapy (CBT), acceptance and commitment therapy (ACT), compassion-focused therapy (CFT), and mindfulness-based interventions (MSC, MBCT, MBSR), integrated and tailored in individualized treatment plans to meet the unique needs of our clients.

ottawariverintegrative.com

Our team is committed to upholding the highest standards of professional practice, embracing inclusion and diversity, and building collaborative relationships. We value reflective practice and aim to unburden individuals from inherited structures that oppress or limit potential. By joining our team, you will have the opportunity to make a meaningful impact, grow professionally, and collaborate with like-minded individuals who share a passion for mental health care and community building.

Check out some of our past conversations with our monthly ORIMH Grand Rounds on our psychology podcast inspired by the Psychological Flexibility Model: The Flex Factor <https://podcasts.apple.com/ca/podcast/the-flex-factor-a-psychology-podcast-for-people/id1788240350>

To see our team website go here: ottawariverintegrative.com

Position Overview

We are excited to announce an opportunity for a passionate and dedicated Clinical or Counselling Psychologist to join our dynamic team in Ottawa, Ontario. This role offers flexibility, allowing you to work closely with clients and colleagues in our attractive professional offices, as well as providing options for remote work.

As a Clinical or Counselling Psychologist at Ottawa River Integrative Mental Health Inc., you will play a vital role in delivering evidence-based interventions to individuals, families, and groups. The ideal candidate will have expertise in one or more of our shared intervention specialties and a commitment to maintaining the highest standards of psychological care. This position is an excellent opportunity to be part of a collaborative team while contributing to the betterment of mental health in our community.

Responsibilities

- Conduct psychological assessments and collaboratively develop tailored treatment plans to meet individual client needs.
- Provide evidence-based interventions, with an integrative focus, to clients of varying ages and backgrounds.
- Maintain accurate, detailed, and confidential clinical records in accordance with professional and regulatory standards.
- Actively participate in case consultations, team meetings, and collaborative discussions to enhance client outcomes and professional growth.
- Stay updated on advancements and related therapeutic approaches, applying them to clinical practice.
- Mentor and supervise trainees or junior team members, as needed, fostering their professional development.

Qualifications

- Ph.D. or Psy.D. in Clinical, Counselling or Health Psychology from an APA or CPA accredited training program.
- Registration or eligibility for registration with the College of Psychologists of Ontario.
- Demonstrated expertise in delivering research-based psychological interventions.
- Strong clinical skills in assessment, diagnosis, and treatment planning.
- Excellent interpersonal, organizational, and communication skills.
- Experience in supervising or mentoring would be considered an asset.

Why Join Ottawa River Integrative Mental Health Inc.?

At Ottawa River Integrative Mental Health Inc., we strive to create a workplace where professionals can thrive personally and professionally. Here's what we offer:

- **Professional Development:** Engage in regular opportunities for professional growth through in-house training, workshops, and access to the latest developments in integrative approaches to mental health care. Primary and secondary supervision to CPBAO standards. Opportunities for video observation of clinical sessions with supervisors. Opportunities for group facilitation and group therapy leadership.
- **Collaborative Environment:** Join a team of mindful, compassionate experienced professionals who value teamwork, community and innovation.
- **Beautiful New Office Location in Glebe neighbourhood of Ottawa:** In Summer 2025 our practice is expanding into new offices in one of the most beloved communities in Canada's capital, near bike paths, the Rideau canal and the core of the National Capital.
- **Flexibility:** We provide options for remote work to promote a healthy work-life balance.

About Ottawa, Ontario

Located in the nation's capital, Ottawa offers the opportunity to work in a thriving and multicultural city. Ottawa is known for its high quality of life, excellent healthcare, diverse cultural scene, and access to nature. Whether you enjoy exploring historic landmarks, participating in outdoor activities, or indulging in a vibrant culinary scene, Ottawa has something to offer for everyone.

Application Process

If you're ready to be part of a supportive team providing the highest quality integrative psychology & psychotherapy, we want to hear from you!

Please submit the following:

- A detailed CV highlighting your experience and qualifications.
- A cover letter explaining your interest in the position and how your expertise aligns with the role.
- Contact information for three professional references.

Applications should be sent to info@ottawariverintegrative.com. We look forward to welcoming a new member to our dedicated team at Ottawa River Integrative Mental Health Inc.