



Dr. Hubley Carruthers
and Associates

ASSOCIATE PSYCHOLOGIST
Part-Time or Full-Time Permanent Status
(starting September 2025 or earlier)

Dr. Hubley Carruthers & Associates is seeking a bright, hard-working, ethical, Associate Psychologist to join our team. This position can be considered on a part-time or full-time basis, commencing September 2025 (or earlier).

One of our esteemed Associate Psychologists has recently notified the Practice of her pending relocation to Cape Breton, commencing in early September, and will be leaving behind a full-time caseload of clients (and a spacious fully furnished private clinical office!). Thus, we are seeking an experienced Associate Psychologist with formal training and clinical expertise to take over her Halifax-based in-person clientele.

Specifically, we are seeking a fully Registered Psychologist, Psychologist (Candidate Register) or Doctoral Level Psychology Intern with training or experience in any combination of the following therapies: Emotion-Focused Therapy (EFT), Cognitive-Behavioral Therapy (CBT), Acceptance and Commitment Therapy (ACT) and/or Dialectical Behavioral Therapy (DBT). Training in Couples and Family therapy, Somatic Therapy, Eye Movement Desensitization and Relaxation (EMDR), Intensive Short-term Dynamic Psychotherapy (ISTDP) and/or Psychodynamic Psychotherapy is also considered an asset.

Associate Psychologists under Dr. Hubley Carruthers' direction will perform duties, including, but not limited to, the following:

- Providing evidence-based individual therapy to a diverse client base experiencing a wide range of issues including anxiety and mood disorders, compulsive disorders, somatic disorders, trauma, substance use, attention and concentration difficulties, eating disorders, grief and loss, life transitions, and other mental health challenges.
- Conducting comprehensive psychodiagnostics assessments to develop individualized treatment plans (including screeners for ADHD).
- Utilizing a variety of therapeutic modalities and techniques appropriate for individuals including CBT, CBTi, EFT, ACT, DBT, etc.
- Maintaining accurate and timely client records including intake forms, progress notes, treatment summaries, in accordance with standards set by the Nova Scotia Board of Examiners in Psychology (NSBEP).
- Collaborating and coordinating care with other healthcare providers including Psychiatrists, Primary Care Physicians, Nurse Practitioners, Physiotherapists, Virtual Care Medical Providers, Occupational Therapists, Rehabilitation Consultants, etc.

- Adhering to all ethical guidelines and standards of practice set forth by the Nova Scotia Board of Examiners in Psychology.
- Participating in team meetings, monthly.
- Participating in case consultations with the Practice Leader and Associate Psychologist colleagues within the Practice, as required.
- Attending on-going professional development and supervision, as required.

The successful candidate will possess the following qualifications:

- Post-secondary education in Clinical or Counselling Psychology at the Master's or Doctoral level;
- Demonstrated experience in providing individual and/or the willingness to be further mentored in this domain;
- Registration with the Nova Scotia Board of Examiners in Psychology (NSBEP) as a fully registered or candidate registered psychologist;
- Prior experience (and commendable references) in assessment and therapy for individuals;
- Ability to work independently and as part of a supportive team of colleagues;
- Strong computer skills and knowledge of Microsoft Office, Google Suite, and JANE Office Suite (considered an asset, although not required);
- Familiarity with video call platforms, such as Zoom;
- The ability to handle emergency situations and follow proper professional, ethical and administrative procedures;
- Excellent interpersonal and communication skills - both written and oral;
- The ability to work with confidential information discreetly and professionally;
- Outstanding organizational and time management skills.

Remuneration and additional benefits:

- A competitive fee sharing arrangement (commensurate with experience).
- In-house administrative support on a full-time basis – an on-site Office Manager is available 37.5 hours/week to complete bookings, billings, and other support services.
- Private fully furnished (customizable) office space.
- Group Health and Dental coverage (Chamber of Commerce) for full-time Associates.
- Immediate access to a diverse client base and ongoing support in the maintenance of a clinical caseload.
- Opportunities for in-house clinical supervision, professional development and social connection, as desired.

Applications will be accepted during the months of July and August 2025.

When applying, please provide a resume/CV as well as a list of three professional references.

Please apply by email to Dr. Kathy Hubley Carruthers Kathy.carruthers@eastlink.ca