



Maison
Dunham
House

► 1964 Scottsmore
Dunham, QC, J0E 1M0
Canada

T: 450-263-3434
F: 450-263-9219
info@dunhamhouse.ca
www.dunhamhouse.ca

Job Description

Now Seeking: Full-Time Psychotherapist

Dunham House | Recovery & Mental Health Support

We are looking for a compassionate, knowledgeable, and charismatic psychotherapist to provide top-quality care to our patient population navigating addiction recovery and mental health challenges. Do you believe in the power of empathy, psychoeducation, and the integration of evidence-based and holistic care to help people rebuild meaningful, empowered lives?

Dunham House invites you to be part of our innovative **Intensive Recovery Program**, designed for individuals facing addiction recovery and/or concurrent mental health disorders. This is more than a job—it's a unique opportunity to work in a structured, supportive, creative, educational, and collaborative environment where growth happens for both clients and staff. We are a 38-bed, multi-faceted facility that houses a gym, art room, four meeting rooms, a greenhouse and garden, shared lunches, an art and music room, and recreational programming all on a farm in Dunham, QC.

Our approach in supporting our residents is rooted in a person-centered, integrative approach that incorporates evidence-based and holistic care strategies to accommodate the diverse population seen in our program. Our trainings can include, but are not limited to, trauma-focused cognitive behavioural therapy (TF-CBT), motivational interviewing (MI), acceptance and commitment therapy (ACT), dialectical behavior therapy (DBT-informed), Internal Family Systems (IFS-informed), and mindfulness, solution-focused strategies, and life skills training.

Counseling at Dunham House implements **Five Core Clinical Foundations** such as Recovery Foundations, Exploration of Self and Identity, Understanding Relationships, Reframing Survival & Resilience, and Core-Beliefs, Parts, and Narratives.

Key Responsibilities

- Facilitate **Open Share Counseling Groups**
- Manage a caseload of up to 10 clients for weekly **Individual Counseling Sessions**
- Ability to complete, modify, and **maintain accurate records, reports, and treatment/care plans** according to Dunham House protocol.
- **Review and evaluate clients' progress** with measurable goals described in treatment and care plans.
- **Intervene and advocate for clients** in order to **resolve emergency problems in crisis situations**.
- Attend required **weekly supervision and continuing education sessions** to expand knowledge and skills.
- Participate in **required case conferences and staff meetings**.
- **Perform other related duties** as requested by the immediate supervisor you report to.



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Required Skills:

- Active Compassionate listening
- Responsible and organized
- Ability to work both independently and team-oriented approach
- Openness to onboarding training such as: Trauma-informed Care, Implementing Person-Centered Interventions, Multicultural Awareness, and Crisis Intervention.

Qualifications:

- Registered professional with the Ordre des psychologues du Québec (OPQ)
- Hold a university degree (M.A.) in a counselling-related field with 2 years of clinical experience.
- Must be able to speak fluently in English, and Bilingualism is a plus!

Schedule:

- 8-hour In-Person shift, full-time (5 days) or part-time (3 days)
- Day shift or Afternoon/Evening shift
- Monday to Friday

Why Join Us?

- Be part of a **multidisciplinary team** committed to innovation and human connection.
- **Employee Perks:** Enjoy a gas allowance for commutes over 80 km, all meals included, and access to fresh seasonal fruits and vegetables from our on-site greenhouse.
- **Enhance your professional skills** in psychoeducation, life skills coaching, and therapeutic support.
- **Make a lasting impact**—help individuals move from survival to stability, from coping to thriving.

At Dunham House, every day is an opportunity to help someone rewrite their story.