



Dr. Hubley Carruthers
and Associates

ASSOCIATE PSYCHOLOGIST

Part-Time or Full-Time Permanent Status starting in 2026

Dr. Hubley Carruthers & Associates Counselling & Psychological Services is seeking an energetic team player for the position of Associate Psychologist. This position will begin in early 2026, on a part-time or full-time basis.

We are seeking an experienced Associate Psychologist trained to work with couples and families. The ideal candidate will have advanced training in emotion-focused couples therapy, and/or CBT couples therapy (i.e., Gottman model), among other therapy training (i.e., ACT, DBT). Dr. Hubley Carruthers is looking for the right fit to take over her wait-listed couples and family therapy clients, as well as to work with individual clients of the Practice.

Associate Psychologists under Dr. Hubley Carruthers' direction will perform duties, including, but not limited to, the following:

- Providing evidence-based couples and family therapy to a diverse client base experiencing a wide range of issues such as communication difficulties, problems with problem solving and conflict resolution, co-parenting challenges, grief and loss, trauma, infidelity, life transitions, and mental health challenges.
- Conducting comprehensive assessments to develop individualized treatment plans.
- Utilizing a variety of therapeutic modalities and techniques appropriate for individuals, couples and family systems including Emotion-Focused Couples and Family Therapy (EFCT and EFFT), Cognitive-Behavioral Therapy (CBT), Mindfulness-based CBT Therapy, Solution-Focused Therapy.
- Maintaining accurate and timely client records including intake forms, progress notes, treatment summaries, in accordance with standards set by the Nova Scotia Board of Examiners in Psychology (NSBEP).
- Collaborating and coordinating care with other healthcare providers including Psychiatrists, Primary Care Physicians, Nurse Practitioners, Physiotherapists, Virtual Care Medical Providers, Occupational Therapists, Rehabilitation Consultants, etc.
- Adhering to all ethical guidelines and standards of practice set forth by the Nova Scotia Board of Examiners in Psychology.
- Participating in team meetings and case consultations monthly.
- Participating in case consultations with the Practice Leader and Associate Psychologist colleagues within the Practice, as required.
- Attending on-going professional development and supervision, as required.

The successful candidate will possess the following qualifications:

- Post-secondary education in Clinical or Counselling Psychology at the Master's or Doctoral level.
- Demonstrated experience in providing couples and family therapy and/or the willingness to be mentored in this domain.
- Registration with the Nova Scotia Board of Examiners in Psychology (NSBEP) as a fully registered or candidate registered psychologist.
- Prior experience (and commendable references) in assessment and therapy for individuals.
- Ability to work independently and as part of a tight-knit and supportive team of colleagues.
- Strong computer skills and knowledge of Microsoft Office, Google Suite, and JANE Practice Management Software (considered an asset, although not required);
- Familiarity with video call platforms, such as Zoom.
- The ability to manage emergency situations and follow proper professional, ethical and administrative procedures.
- The ability to work independently and collaboratively under pressure.
- Excellent interpersonal and communication skills - both written and oral.
- The ability to work with confidential information discreetly and professionally.
- Outstanding organizational and time management skills.
- Vulnerable sector check.

What do we offer:

- A competitive fee sharing arrangement (commensurate with experience).
- In-house administrative support on a full-time basis.
- Private office space.
- Ongoing clinical supervision and support.
- Group Health and Dental coverage (Chamber of Commerce) for full-time Associates.
- Immediate access to a diverse client base and ongoing support in the maintenance of a clinical caseload.
- Opportunities for in-house professional development and social connection.

Applications will be accepted immediately.

When applying, please provide a resume/CV as well as a list of three professional references.

Please apply using this job search application as well as by email to Dr. Kathy Hubley Carruthers

admin@hubleycarruthers.com

We are not currently accepting calls regarding this position.