

Associate Clinician

Independent Contractor Opportunity: Associate Clinicians – Specialized Services for First Responders and Public Safety Personnel

Who We Are:

Dalton Associates Mental Health Services (“Dalton”) is a leading mental health services organization with over 30 years of experience supporting individuals, families, organizations, and communities across Ontario. Our dynamic team includes 75+ employees and 150+ clinicians delivering quality-assured psychological, psychotherapy, social work, and behavioural health services that are culturally responsive, safe, accessible, and timely.

We operate through six divisions:

- **Mental Wellness with Dalton** (psychology, psychotherapy, counselling, and social work services for the public)
- **Rehabilitation Services**
- **Psychological Assessments**
- **Launch Behavioural Health** (autism and behavioural health)
- **Indigenous Mental Wellness Services**
- **Dalton Care Central** (specialized support for trauma-exposed and safety-sensitive professions, including first responders and public safety personnel)

Our approach is grounded in:

- Shared care and equity in voice and choice
- Integrated, whole-person wellness
- Sustainable, resilience-focused services
- Cultural responsiveness and attunement

Role Overview

Dalton is expanding nationally! Through Dalton Care Central, we deliver occupationally attuned, short-term counselling and specialized clinical services that support the complex needs of today’s workforce and their families. Our approach is grounded in personalized care coordination, proactive support, and seamless access to trusted providers, ensuring responsive, confidential, and comprehensive care tailored to each individual’s role and lived experience. Learn more at <http://www.daltoncarecentral.ca>.

A core focus of this work is supporting first responders, public safety personnel, and other front-line professionals. We provide wrap-around, concierge-level care management that reflects the realities of high-demand, service-based roles. Our carefully curated roster of clinicians is specifically trained and experienced in addressing occupational trauma, shift work, cumulative stress, critical incidents, and the unique cultural nuances of these professions.



As we continue to grow, we are seeking **Associate Clinicians** with expertise in supporting first responders and public safety personnel to join this network. This independent contractor role offers the opportunity to deliver occupationally attuned and trauma-informed services, including:

- Occupationally attuned counselling and psychotherapy
- Specialized trauma-focused therapy
- Critical incident stress debriefing
- Leadership and executive counselling
- Training and wellness initiatives

What We Offer

- Flexible, independent contractor model
- Competitive per-session compensation
- Complimentary peer consultation
- Inclusive, collaborative clinical community
- Free access to secure practice management and virtual care platforms
- Ongoing professional development
- Comprehensive operational, administrative, IT, and marketing support

Qualifications

- Master's-level clinician (psychotherapy, social work, psychology)
- Minimum 5 years' experience supporting first responders/public safety personnel
- Trauma-informed practice
- Registered and in good standing with a Canadian regulatory body

Apply Today

Join us in delivering high-impact care to those who serve our communities. Submit your resume to **Amy Courtemanche, Lead of Executive Administration and Operations** at amy.courtemanche@daltonassociates.ca. Applications accepted on a rolling basis.